

Confirmation Name Sheet

In the early Church, many adult converts had pagan names that they had received at birth. As a sign of their total rejection of the former life and their rebirth into the life of Christ, they would drop the old name and take on a new name. As time went on, people often chose the names of saints of an earlier time, such as Peter, Mary or John.

The choice of a name was taken very seriously. One's name was intended to express the qualities and ideals that they would like to develop. To choose the name Paul was like taking a pledge to try to imitate Paul's courage and dedication in spreading the Gospel. Mary was chosen because of her example of discipleship. At Confirmation, you will be called by name to confirm your faith and enter into the last Sacrament of Initiation. You can use the Christian name you were given at Baptism, or you may choose a second name. In either case, the name you use at Confirmation should be important to you. It should have special meaning and should express something about what you hope to become as an adult Christian. (Too often people choose a name because they like the way it sounds. This is missing the point of taking on a new name).

If you choose a Confirmation name, it should be the name of a person or saint whom you respect and for whom you would like to model your faith and life.

Your Confirmation name should be handed in by the last class.

If you need some resources, please ask Anna.

www.catholicsaintsonline.org is an excellent resource.

I, _____, have chosen the Confirmation name of

because _____
