

Optional Session

Catechetical Growth

What is Catechetical Growth? Members of the Church, as committed followers of Christ, seek to continually grow in their knowledge of the teachings of Jesus and the traditions of the Church.

(cat·e·chet·i·cal) - adjective: **catechetical** - of or relating to religious instruction given to a person in preparation for Christian baptism or confirmation.

Goal: Discover where the candidate is in their Catholic faith knowledge development and seek ways that they can gain more knowledge about their Catholic faith.

For Discussion:

1. What is Confirmation and what does it mean to you?
2. Can you name the seven sacraments and describe which each one is about?
3. How would you define Church? What does it mean to be Catholic?
4. How do you plan to live your faith?
5. What name have you selected for confirmation? Why?
(Complete Confirmation Name Sheet)

(over)

Suggested Activity: (Select one or come up with one of your own)

1. Share stories with each other. Share with each other the significant religious celebrations of your lives- compare "notes" about First Communion, etc.
2. Find a book of Saints and share some of their stories (This may be helpful in selection of Confirmation Name)
3. Take in a sporting event together or go out to lunch—along the way make note of all the symbols of our faith from the physical objects; like churches and crosses to things of nature; like birds singing or a beautiful sunset to the actions of others; like someone holding the door or simply saying hello.

Bible Verses:

- Matthew 5:1 and 7:29
- Proverbs 3:13-15
- Jeremiah 16:19-21
- James 3:13-18

Close in prayer!